

Post Root Canal Instructions

Your Endodontic treatment

- is **NOT** complete and your next appointment is _____
- is complete. The root canals are permanently sealed. Please phone your dentist promptly for an appointment to have the tooth restored.

Your filling material is

- PERMANENT** **TEMPORARY**

The tooth should be restored within a month to protect it against fracture and decay. Most back teeth treated *will* require a crown. Delay in obtaining a final restoration may result in a fracture and the possible loss of the tooth. You may eat and drink as soon as the numbness wears off. If your filling is temporary, we recommend that you not eat anything sticky or chew on the treated side. The anesthetic may take two or more hours to wear off. The tooth may be tender for several days up to a few weeks because of treatment.

We recommend taking 600mg of ibuprofen (i.e.: Advil, Motrin IB, Nuprin) three times a day with meals for the first 4 days following treatment. This will speed the healing process and reduce discomfort you may experience. If for any reason you are allergic to ibuprofen, you may take two Extra Strength Tylenol tablets every 4 hours.

Avoid chewing on the treated side of your mouth until the tenderness is gone and the tooth has a permanent restoration. Upon completion of your root canal treatment, your general dentist is informed by a written report. We place you on recall so that we can check the progress of your healing in 6 months. There is no charge for this recall. You will receive a reminder in the mail.

In the unlikely event that you experience severe pain or swelling, please call our office at (817) 461-4292 and we will assist you. If it is after hours, our answering service has the doctor's on-call telephone number.

If you were prescribed medication by this office, please take it as directed. Any medications for pain including Tylenol may increase the effects of alcohol and for that reason alcohol should be avoided until you are no longer taking the medication. Women, if you are prescribed antibiotics, your contraceptive method may be less effective in preventing pregnancy. It is recommended that an additional contraceptive method be employed until you have completely finished your antibiotic.

We thank you for the opportunity to assist with your dental health.